



# Adult Tennis

## Leagues

Men and Women...Looking to put all that Tennis practice into play? Our fall in-house Tennis Leagues are just the thing for you! Enjoy 16 exciting weeks of play. From 2.5 instructional leagues to 4.0 Singles and/or Doubles, we've got it all. Meet new people and enjoy fun, competitive play. See below for schedule or contact our Programs Office for further details.

DAY	TIME	LEVEL	PRICE	WEEKS
<b><u>WOMEN'S LEAGUES</u></b>				
<b>Mon</b>	9:00-11:00 am	2.5 Instructional	\$455	16
	8:00-9:30 pm	2.75 Instructional	\$340	16
<b>Tues</b>	9:00-11:00 am	3.25 Singles/Doubles	\$375	16
	9:00-11:00 am	2.5 Instructional	\$455	16
	11:00 am-1:00 pm	3.0 Doubles	\$265	16
	1:00-2:30 pm	3.5 Singles	\$285	16
	6:00-7:30 pm	3.75 Singles	\$450	16
<b>Wed</b>	9:00-11:00 am	2.75 Singles/Doubles	\$375	16
	8:00-9:30 pm	3.0 Doubles	\$250	16
<b>Thurs</b>	9:00-11:00 am	3.0 Doubles	\$250	15
	9:30-11:30 am	3.25 Doubles	\$250	15
	10:00 am-12:00 pm	2.75 Instructional	\$430	15
	11:00 am-1:00 pm	3.5 Doubles	\$250	15
	12:00-2:00 pm	3.0 Instructional	\$430	15
	1:00-2:30 pm	3.0 Singles	\$265	15
<b>Fri</b>	7:00-8:30 pm	2.5 Instructional	\$340	14
<b>Sun</b>	6:30-8:00 pm	3.5 Doubles	\$220	14
<b><u>MEN'S LEAGUES</u></b>				
<b>Mon</b>	8:00-9:30 pm	3.5 Singles	\$450	16
<b>Tues</b>	7:30-9:30 pm	4.0 Singles/Doubles	\$450	16
	8:00-10:00 pm	3.0 Singles/Doubles	\$450	16
<b>Thurs</b>	8:00-9:30 pm	3.75 Singles	\$420	15
	8:00-10:00 pm	3.5 Doubles	\$310	15
<b>Fri</b>	7:00-8:30 pm	2.5 Instructional	\$340	14
<b>Sat</b>	9:00-10:30 am	3.5 Singles	\$325	14
	10:30 am-12:00 pm	3.75-4.0 Singles	\$325	14
<b>Sun</b>	9:00-10:30 am	3.5 Singles	\$325	14
	8:30-10:00 pm	4.0-4.5 Singles	\$325	14

### League play begins August 30

2.5 Beginner Instructor League - works on all aspects of game with Tennis professional.

**Note:** A League commitment is for the entire season or until a replacement is found. All league players must have a tennis or program membership.

**Full payment is due at registration. Contact Programs for registration and information, 248-735-8850, ext. 3112**

## Same Day Court Reservation for \$16.00

Same day reservations only. Must be a Program, Tennis or Fitness member.

### Adult House Clinics

Learn to play and enjoy the sport of a lifetime. If you are already a player, continue to improve your game by taking a Tennis Clinic. Sessions last seven weeks and meet for one hour each week. Classes begin Thursday, September 9. Call the Programming Department to register at 248-735-8850, ext.3112.

#### Beginner

Mon	9:00-10:00 am
Wed	11:00 am-12:00 pm
Thurs	9:00-10:00 am
Sun	7:30-8:30 pm

#### Advanced Beginner

Mon	10:00-11:30 am
Tues	7:30-8:30 pm
Wed	1:00-2:00 pm
Thurs	9:00-10:00 am                      12:00-1:00 pm
Sun	6:30-7:30 pm

#### Intermediate

Mon	11:00 am-12:00 pm
Wed	12:00-1:00 pm
Thurs	12:00-1:00 pm
Sun	6:30-7:30 pm

#### Cost (per 7 weeks)

<b>Fitness &amp; Tennis Member</b>	<b>\$104</b>
<b>Program Member</b>	<b>\$116</b>

### Early-Riser Play (sign-up at Service Center)

Drop in for a morning of Tennis!

Tue (3.0-3.5)	Wed (3.5-4.0)	Thurs (3.0-4.0)
7:00-9:00 am		

#### Cost

<b>Fitness &amp; Tennis Member</b>	<b>\$10</b>
<b>Program Member</b>	<b>\$13</b>

### Organized Practice (sign-up at Service Center)

If your goal is to hit a lot of tennis balls in a short amount of time, then let one of our pros run you through an organized practice. This is a great complement to your league or clinic. Be prepared for a good workout. This is for players Level 3.0 and higher.

Tues	1:00-2:30 pm – 3.0 and higher
Thurs	11:30 am-1:00 pm – 2.5-3.0 Levels 1:00-2:30 pm – 3.0 and higher
Sat	8:30-10:00 am – 3.0+ and higher
Sun	9:30-11:00 am – 3.0+ and higher

<b>Cost</b>	<b>1 1/2 hours</b>
<b>Fitness &amp; Tennis Member</b>	<b>\$26</b>
<b>Program Member</b>	<b>\$28</b>

### Adult Matchplay

Men and Women come join us for singles and doubles matchplay. Each week matches are organized by tennis professional Marin Kouzmanov. Times and days vary according to court availability. Contact Marin at Ext. 4066 for details.

### Cardio Tennis

Total Body Workout-burn up to 900 calories, reduce fat and lose weight fast while building endurance, strength and energy. Improve your tennis skills that help your play with confidence. Register in advance at the Service Center. For more information contact Lori Potochick, ext. 4039.



# Holiday Junior Tennis Camp



Join us for fun filled, instructive camp over the holiday break.

#### Class Time and Levels:

**Jr. Stars - Beginner - Ages 4-6**  
9:00-10:00 am                      12:00-1:00 pm

**Challengers 1 - Beginner - Ages 7 & up**  
**Challengers 2 - Advanced Beginner - Ages 8 & up**  
**Future Stars - Intermediate - Ages 8 & up**  
**Teen Stars - Beginner/Advanced Beginner - Ages 13 & up**  
**Jr. High/High School - Intermediate - Ages 13 & up**  
**Competitive - Intermediate - Ages 14 & up**  
 10:00 am-12:00 pm

#### Sessions

**Winter** (one week, 4 times)  
 Dec 20-23                      Mon-Thurs  
 Dec 27-30                      Mon-Thurs

<b>Cost: (4 classes per week)</b>	<b>1 Hour</b>	<b>2 Hours</b>
<b>Fitness Member</b>	<b>\$60</b>	<b>\$115</b>
<b>Program &amp; Tennis Member</b>	<b>\$68</b>	<b>\$120</b>